

# CORONAVIRUS UPDATES

Get the latest news from our Public Health Department

Week of April 4

## Alameda County Health Care Services Agency Update



*Please share with your networks*

This is [National Public Health Week](#) and wish to recognize and thank public health workers across Alameda County. Our Agency centers its work on the health of our community and how [social determinants of health](#) - the conditions in places where people live, learn, work, and play - affect a wide range of health and quality-of-life risks and outcomes. Our mission to improve the health of Alameda County remains more critical and relevant than ever.

We ask our community to remain vigilant in managing COVID risk. Vaccines and boosters remain the best protection against severe disease along with other precautions. Preventions are especially important as students return from spring break to Alameda County schools. (*See [Reminder to Test Before Returning to School.](#)* )

Last week the Centers for Disease Control and Prevention, the California Department of Public Health (CDPH) and the Western States Scientific Safety Review (WSSSR) recommended additional boosters for individuals over the age of 50 and people who are immunosuppressed. (*See [Second Booster for 50+ and Immunocompromised.](#)* )

The state lifted the guidance for indoor mega-events last Friday, April 1. Alameda County continues to align with the state, moving from vaccine verification or proof of negative test requirements in these settings to strong recommendations.

As we move into the third year of COVID response, we are mindful of the impacts to mental health caused by the pandemic over the last two years. The interventions that slowed the spread of COVID-19 contributed to feelings of isolation and exacerbated existing mental health challenges. Taking steps to cope in healthy ways like exercising or meditating can help. We remind the community that it's ok not to feel ok and to seek support from a mental health professional whenever needed.

We appreciate your time and support in helping us maintain a safe and healthy Alameda County. Help us distribute this information to others by sharing this newsletter.


[Alameda County Dashboard](#)

[Public Health Department Website](#)

## Listening Session American Rescue Plan Act (ARPA)


Please join us for a community listening session on two categories of the American Rescue Plan Act (ARPA) funding for capacity building and resource navigation. The session will take place on **April 11** from **5 to 6:30 pm** and [registration](#) is open. Our Public Health Department will solicit and receive the communities' priorities and ideas to ensure ARPA funding is invested in communities heavily impacted by COVID-19. Spanish interpretation and closed captioning will be available at the listening session and flyers are available in [English](#) and [Spanish](#). Call 510-267-8000 for more information.

**Upcoming Funding Opportunity:  
A Listening Session**



**Monday, April 11  
5:00 - 6:30 p.m.  
ZOOM Live Online**

All are welcome to share your thoughts on:  
-Resource Navigation  
-Capacity Development




 ALAMEDA HEALTH CARE SERVICES AGENCY  
PUBLIC HEALTH DEPARTMENT


The Alameda County Board of Supervisors approved the use of ARPA funds to build on our Agency's recently launched community coalitions. We remain mindful of and thankful for the coalition model championed by former Supervisor Wilma Chan.

## Second Booster for 50 + and Immunocompromised

Alameda County supports [recommendations](#) for a second booster for everyone 50+, severely immune-compromised people 12+, and all Johnson & Johnson vaccine recipients who have already had one booster dose, but they are not yet authorized for other populations. Contact your health care provider or local chain pharmacy for your booster. Second boosters are available to eligible populations at County supported sites. We continue to prioritize the unvaccinated, immunocompromised, and first boosters for appointments. Second booster doses are only available on a walk-up basis.

**ADDITIONAL PFIZER OR MODERNA  
BOOSTERS NOW AVAILABLE FOR:**

-  **EVERYBODY 50+**
-  **IMMUNOCOMPROMISED  
PEOPLE 12+**
-  **J&J BOOSTER RECIPIENTS**

MyTurn.ca.gov | 833-422-4255 

## In-Home COVID-19 Vaccine



A team of nurses can bring the COVID-19 vaccine to your doorstep. In-home vaccination is available for homebound, people with disabilities, and groups of 3+ persons living in priority zip codes. Translations services are available. For appointments call (510) 208-4829 (4VAX), text VAX to (855) 315-1373, or register [online](#).

## Vaccine Locations and Resources for COVID Safety

Vaccines are available throughout the week and some locations offer weekend hours for people unable to get away during the week:

- [Allen Temple Baptist Church](#), East Oakland: Saturdays, 10:00 a.m. - 2:00 p.m. Closed on 4/16 for the Easter holiday
- [The Center](#), OUSD Central Kitchen, West Oakland: Saturdays, 10:00 a.m. - 2:00 p.m. LAST DAY 4/9
- [Hoover Elementary](#), West Oakland: Saturdays, 10:00 am - 2:00 pm starting 4/16

- [Weeks Community Center](#), South Hayward: Saturdays, 10:00 a.m. - 2:00 p.m.
- [Coyote Hills Elementary School](#), Newark: Sundays, 10:00 a.m. - 2:00 p.m. Closed on Easter. Re-open 4/23 on Saturdays going forward
- [San Lorenzo High School](#): Wednesdays and Thursdays, 3:30 p.m. - 7:30 p.m.

Mobile Vax Clinics:

- [Oakland Zoo](#): Saturdays 4/9, 5/7, 10:00 a.m. - 3:00 p.m., free Zoo Family Pass incentive [Pre-Registration](#)
- [Hayward City Hall](#): Saturday 4/16, 12:00 p.m. - 4:00 p.m., outdoors know your rights and health fair [Pre-Registration](#)
- Livermore Springtown Library: Tuesdays 4/19, 5/10, 5/31- 3:00 p.m. - 7:00 p.m. [Pre-Registration](#)

Find [vaccine](#) and [testing](#) locations or [make an appointment](#) by visiting our [website](#). Additional resources on our COVID-19 website include a [ventilation interactive tool](#), guidance for [isolation and quarantine](#), [mask and face coverings](#), [workplace recovery](#), and [community resources](#).

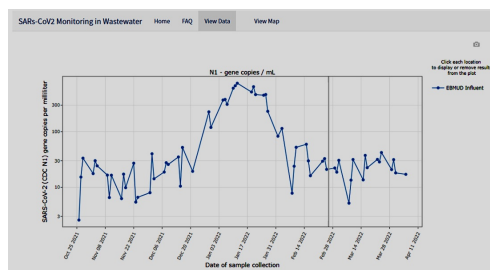
## Reminder to Test Before Returning to School After Spring Break



Alameda County and the California Department of Public Health (CDPH) encourage parents and guardians for all school-aged children to access at-home COVID-19 kits as students return to school following spring break. The State of California distributed free COVID testing kits to school districts for students to prevent COVID from

entering schools following spring break and possible travel. Prepare for a safe return after spring break by sharing test results via the [Primary.Healthlink](#) sent by the school. If you did not receive a schoollink, report results via the [Primary.Health](#) website. Students should test 1 to 3 days before returning to school and follow up with their school if [further guidance](#) is needed.

## Monitoring Wastewater, Variants, and Masking



We continue monitoring COVID-19 levels in local wastewater. As of March 31, the East Bay MUD COVID wastewater signal remains low and stable. Most publicly available wastewater data for California looks similar, although some neighboring jurisdictions have posted small increases in some sewer sheds.

The BA.2 wave that impacted some European countries is receding. BA.2 is the dominant COVID variant in the US and represents an estimated 75% of strains in the West, but pre-existing immunity may be sufficient to prevent a major wave of BA.2 here. BA.2 strain dominance by itself is not sufficient to cause a wave. We should expect ongoing cases, hospitalizations, and sporadic outbreaks but the timing of future waves remains uncertain. A substantial



new wave of infections may require the reintroduction of a countywide masking requirement. Such a requirement would be a short-term measure to avert the worst impacts of a wave and would provide the greatest benefit if implemented before a wave peaks. It would be lifted with limited impacts from severe disease or by using the [CDC COVID Community Level criteria](#). A combination of data inputs will be useful when considering such a measure including case and [wastewater data](#), conditions in highly impacted neighborhoods and neighboring jurisdictions, and the degree of severity in local cases if known.

## Epidemic Data Points (7-day lag)

- 6.9 cases per 100,000 residents per day - total population
- 6.0 cases per 100,000 residents per day - fully vaccinated
- 12.8 cases per 100,000 residents per day - unvaccinated
- 50 hospitalized, 3 in ICU

Please visit our [dashboard](#) for more data on COVID-19.

## Black Maternal Health Week Event on April 11

Join the BElovedBIRTH Black Centering film screening, in celebration of Black Maternal Health Week on **April 11** from **6:30 to 9:30 pm**. The documentary was produced in collaboration with BElovedBIRTH Black Centering, the prenatal and postpartum care program by, for, and with Black people developed through partnership with Alameda Health System and our Public Health Department. The event is free and open to the public and additional details area available in the [press release](#).



## Mental Health Services Act Update - 30 Day Comment Period



Alameda County residents are invited to contribute ideas for the Mental Health Services Act Annual Update for Fiscal Year 2022/2023. Help shape and impact Alameda County's mental health system by commenting on the draft plan now through April 30, 2022. County residents can review the [draft report](#) and provide suggestions to improve mental health services for the upcoming year. Learn how to read the MHSA Plan by viewing our recent [webinar](#), and visit [podcasts](#), [success stories](#), and our photo gallery for more information about our MHSA work.

[Click here to join our mailing list.](#)

[COVID-19 Update PDF Version](#)